



Michael Bezbatchenko, DDS



**Central Ohio TMJD and
Dental Sleep Therapy Center**

Diplomate, American Board of Dental Sleep Medicine

Patient Name: _____

Patient Phone #: _____

Referring Physician: _____

Physician Phone #: _____

Email Pano to : info@drbez.com

Patient seeking assistance with: **TMJD** **Sleep Apnea** **Other**

Comments: _____

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TMJD - Temporomandibular joint dysfunction, or TMJD, is a term that applies to many disorders of the muscle and joint located where the jaw connects to the skull. Caused by many things, symptoms often include pain in the area, while chewing, headaches, dizziness, and more.

Sleep Apnea - Sleep Apnea is a sleep disorder where the subject often pauses breathing for a brief moment while asleep. Obstructive Sleep Apnea, the most common type, occurs when something blocks the airway. This often results in loud snoring. Other symptoms include fatigue, daytime drowsiness, frequent mood swings, impaired memory, weight gain, and headaches.